

DRINKS

Tea

Pot of tea £1.50

Speciality teas: £1.80

English Breakfast, Assam, Darjeeling or Earl Grey, Decaffeinated Tea or Rooibos, Lemon and Ginger, Peppermint, Echinacea & Raspberry, Green Tea, Camomile.

Coffee freshly ground at The Retreat

	Regular	Large	Regular	
Caffe Mocha	£2.50			
Cappuccino	£2.00	£2.80	Soya Cappuccino	£2.20
Café Latte	£1.90	£2.70	Soya latte	£2.10
Filter coffee	£1.60	£2.50	Soya filter	£2.80
Espresso	£1.40			
Decaffeinated filter coffee	£1.80		Soya decaff	£2.00
For all decaffeinated coffee, please add 20p				

Hot chocolate £2.00 Soya Hot Choc £2.20

Flavours to add to Hot Chocolate or Coffee:

Gingerbread, Vanilla or Caramel £0.50

Smoothies made with fresh orange or apple juice £3.00

Strawberry and Banana	or	Strawberry and mixed berries
Raspberry and Banana	or	Raspberry and mixed berries
Blueberry and Banana	or	Blueberries and mixed berries

Belvoir Fruit Farm Gently Bubbling Soft Drinks

Elderflower £2.00

Pomegranate and Raspberry £2.00

Organic Ginger Beer £2.00

Milk shake £2.00 (Strawberry, banana or chocolate)

Soft Drinks

Coke, Diet Coke £1.70

Tango or Seven-Up £1.70

Fruit cordial £1.20

Fresh orange or apple £1.80

Mineral water £1.80 (sparkling or still)

Ice-cream floats £2.50 (Choice of fizzy drink and a scoop of ice-cream : chocolate, strawberry, vanilla)

Alcohol Drinks

Glass of wine - red or white £3.00

Bottled Grolsch lager £2.00

Crabbies Alcoholic Ginger Beer £2.50

All cake, flapjacks, scones, dairy free cakes, gluten free cakes, scones and desserts are home made here at The Retreat

Cakes - £2.50

Chocolate fudge cake
Carrot cake
Carrot and ginger cake
Eric's coffee cake
Lemon Victoria sponge
Auntie Barb's fabulous fruit cake

Cream Tea - Pot of Yorkshire Tea for one or filter coffee for one, fruit or plain scone, jam and fresh local whipped cream - **£3.50**

Fruit or plain scone with butter - **£1.60**
Fruit or plain scone with butter and jam - **£1.90**
Cheese scone and butter - **£1.60**
Sugar free scone with butter - **£1.60** or with sugar free jam - **£1.90**
Flapjack made with oats and golden syrup - **£2.00**

Dairy free and egg free cakes

Chocolate fudge cake - **£2.50**
Cranberry scones with dairy-free spread - **£1.80**

Gluten free and wheat free - £2.80

Carrot Cake, Coffee cake, Lemon cake
Bannoffee dessert made with gluten-free & wheat-free digestive biscuits - **£3.50**

Dairy-free, wheat-free, egg-free and gluten-free - £2.50

Gingerbread Square

Home Made Desserts : £3.50

Traditional Old English Apple Pie with fresh local whipped cream
Traditional Old English Apple Pie (dairy free) with dairy free cream
Bannoffee dessert

Lakeland Real Dairy Ice Cream Desserts :

Flavours : Chocolate, Vanilla, Strawberry
Ice cream per scoop **£1.50**
Knickerbocker Glory **£4.60**
Ice-cream banana boat **£4.60**
Choc Nut Sundae **£4.60**